

Advanced Life Support in Obstetrics (ALSO)

Provider Course- 21st August 2026						
Session	Time	Type	Topic / Station	Faculty	Format	Notes
Opening	8:30 AM – 9:00 AM	Admin	Registration and Welcome	Faculty	–	
Opening	9:00 AM – 9:15 AM	Introduction	Introduction to ALSO	Faculty	Presentation	
Session 1	9:15 AM – 10:00 AM	Lecture	Safety in Pregnancy Care	Faculty	Lecture	
Station 1	10:00 AM – 1:15 PM	Rotation (Groups of 8)	Shoulder Dystocia	Faculty	Hands-On Station	5 stations rotating
Station 2	10:00 AM – 1:15 PM	Rotation (Groups of 8)	Breech	Faculty	Hands-On Station	
Station 3	10:00 AM – 1:15 PM	Rotation (Groups of 8)	Assisted Vaginal Delivery	Faculty	Hands-On Station	
Station 4	10:00 AM – 1:15 PM	Rotation (Groups of 8)	Postpartum Haemorrhage	Faculty	Hands-On Station	
Station 5	10:00 AM – 1:15 PM	Rotation (Groups of 8)	Maternal Resuscitation	Faculty	Hands-On Station	
Break	1:15 PM – 2:00 PM	Break	Lunch Break	–	–	
Session 2	2:00 PM – 2:45 PM	Lecture	Fetal Surveillance	Faculty	Lecture	
Session 2	2:45 PM – 3:15 PM	Case Discussion	Pre-Eclampsia	Faculty	Case Discussion	
Session 2	3:15 PM – 3:45 PM	Case Discussion	Labour Dystocia	Faculty	Case Discussion	
Session 3	3:45 PM – 4:45 PM	Assessment	Group Testing	Faculty	Group Test	
Closing	4:45 PM – 5:15 PM	Ceremony	Closing Slides, Certificates and Feedback	Faculty	–	

Advanced Life Support in Obstetrics (ALS0)

Instructor Course- 22nd August 2026

Session	Time	Type	Topic / Station	Faculty	Format	Notes
Session 1	9:00 AM – 9:30 AM	Lecture	Adult Learning Theory and Effective Feedback	Faculty	Lecture	
Session 1	9:30 AM – 10:15 AM	Lecture	Facilitation of Constructive Group Discussion	Faculty	Lecture	
Break	10:15 AM – 10:30 AM	Break	Tea Break	—	—	
Session 2	10:30 AM – 12:30 PM	Hands-On	Role-Play via Fetal-Maternal Manikins (3 stations + 1 Conflict Resolution Station)	Faculty	Hands-On Role-Play	
Session 3	12:30 PM – 1:30 PM	Lecture / Discussion	Evaluating Course Participants	Faculty	Lecture	
Closing	1:30 PM	Ceremony	Lunch and Disperse	—	—	